
COUGAR RUMBLE

MIDDLE SCHOOL TENNIS

On Saturday, September 20th the SJS Tennis Team had their first match of the season (rescheduled from the previous Wednesday's rainout) and the Cougars won!

GO COUGARS!



COACHES AND PARENTS - WE WANT TO HEAR FROM YOU! SHARE PHOTOS, TRAINING UPDATES, GAME SCHEDULES, SEASON PLAY, VICTORIES, ETC. WE WANT TO SHARE ALL THE GOOD NEWS, EXCITING HAPPENINGS, UPCOMING EVENTS, AND ATHLETICS CELEBRATIONS HERE. PLEASE EMAIL PHOTOS AND ANNOUNCEMENTS TO KCOOK@STJUDEBR.ORG. INFORMATION WILL BE COMPILED AND SHARED WITH THE COUGAR.

CROSS COUNTRY

The Cougars' Cross Country Team had a *clean sweep* this past weekend with the Boys and Girls each winning their race in the St. George Dragon Invitational on Saturday, September 20th!

The top scorers for each race were Nathan Waggenpack (3rd), Ty Prather (4th), Nolan Pizer (6th), Roman Blanche (12th) & Graham Prather (14th) for the boys and Molly Luke (4th), Addison Ammons (7th), Stella Zaunbrecher (11th), Charlotte Garidel (25th) and Kate Stacey (28th) for the girls.

The team will compete this weekend at the St. Jude Cougar Invitational on Saturday morning at Highland Road Park. Come out and cheer on your Cougars!



5TH GRADE GIRLS BASKETBALL

Congratulations to the 5th Grade Girls Basketball Team for coming in 2nd place at the St. Michael's Tournament! They played so well and dominated on the court all weekend.



COUGAR FOOTBALL

The 8th Grade Athletes on the 7/8 Grade Football Team will be recognized before kickoff on Sunday, September 28th at the 12:30pm game hosted at Elite Training Academy (5414 Burbank Drive Baton Rouge, LA 70820.) Come out and support the Saints and our Senior Athletes!

The 3/4 Grade Football Team defeated St. John on Sunday, September 14th and won 28-26! The team plays against Central Private TODAY (Thursday, September 25th) at Elite Training Academy at 6pm. Come cheer on your Cougars!



Cougars Make a Splash at Second Swim Meet

The St. Jude Middle School Swim Team, led by Coach Stephen Hamner, is off to an exciting season as our swimmers compete against middle school athletes from across the area. At the team's second meet of the season on September 19, the Cougars showed great spirit and determination in the pool.

In the relays, the Girls Free Relay Team A — **Olivia Nero, Violet Brust, Julie Murray, and Sydney Gary** — raced to an impressive **3rd place** finish, while Team B — **Rosalie Mulé, Leah Horvath, Lena Roberts, and Izzy Heard** — secured **8th place**. On the boys' side, the Free Relay Team A of **Henry Hebert, Callen Gary, Gabe Nero, and Alex Horvath** fought hard for an **11th place finish**.

Individually, the Cougars also shined:

Julie Murray placed **3rd** out of 50 in Freestyle.

Sydney Gary finished **2nd** out of 22 in Backstroke.

Alex Horvath placed **12th** out of 37 in Backstroke.

Hartley Cook took **4th** out of 22 in Breaststroke.

In the Individual Medley, **Sydney Gary and Julie Murray** placed **4th and 6th**, respectively.

With a mix of strong finishes and growing confidence, the Cougars are building momentum and showing their strength in the water. We can't wait to see what the rest of the season holds—Go Cougars!

8th Grade Girls Basketball

Since our last update, the 8th grade girls varsity basketball team has been hard at work on the court, going 2-2 in their latest matchups. The Cougars celebrated exciting wins over St. Jean Vianney and St. Elizabeth, while hard-fought losses to Parkview Baptist and St. Theresa gave them valuable experience.

Tonight at 6:30, the Cougars take on Sacred Heart at home—let's pack the gym and cheer them on! Tomorrow, they open the SJV Tournament with a matchup against SGS. Go Cougars!

Scoring v. SES

Shelby- 12
Olivia- 4
Amelia- 3
Ivy- 4

Scoring v. SJV

Shelby- 9
Ivy- 6
Olivia- 4
Lily- 3
Bella- 3

3RD GIRLS' BASKETBALL

The 3rd Grade Girls' Basketball Team is off to an exciting start this season! With many players new to the sport, the girls are working hard to learn the fundamentals of basketball while also focusing on teamwork and sportsmanship. Their hard work is already paying off, as they picked up their first win with a thrilling 6 to 7 victory over St. Aloysius! Each week they continue to grow, improve, and have fun together on the court. Good luck to the girls on the rest of their season!



4TH GIRLS' BASKETBALL

Our 4th Grade Girls White Basketball Team (Danzy) are off to a great start winning their first four games! These girls have worked hard preparing for this season. In the last week they beat Mercy, St George, and St Aloysius while outscoring them in total 40-7. Our next game will be at St Aloysius on Oct 2nd. Go Cougars!





Thank you to Gulf Coast Bank for
partnering as our title sponsor!

We extend our sincere gratitude to all sponsors
and players for their generous support in making
this year's golf tournament a success!

With your support, we raised \$24,000!

SAVE THE DATE!
SEPTEMBER 25, 2026

We hope to see everyone again!

All proceeds from the golf tournament go directly to St. Jude Cougar Athletics.



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**2025 ST. JUDE SCHOOL
GIRLS BASKETBALL TOURNAMENT**

**PARENTS, SIGN UP TO
SUPPORT THE TOURNAMENT
HOSPITALITY ROOM HERE**

**THE
ICE-COLD
INVITATIONAL**

**OCTOBER
1ST - 5TH**



**9150 HIGHLAND ROAD
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**\$5 FOR ADULTS
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SAVE THE DATE!

5TH-7TH GIRLS INTERESTED IN
TRYING OUT FOR THE 2026-2027
CHEER SQUAD



SAVE THE DATE

THURSDAY, MARCH 12

CLINIC FROM 3:30-5PM

FRIDAY, MARCH 13

CLINIC FROM 3:30-5PM

SATURDAY, MARCH 14

TRYOUTS BEGIN AT 1PM

SAVE THE DATE!

The Cougars are hosting a Developmental
Basketball Tournament next month!

Save the date for October 22-26, 2025!

More details to come :)



ST. JUDE BASKETBALL

Date	Opponent	Location	Moses 3rd	Danzy (W) 4th	Cedotal (B) 4th	Broussard 5th	Honore 6th	Mensman (W) 7th DII	Arrighi (B) 8th DII
Mon, Sep 08, 2025	St. Theresa (W)	JUDE	5:00 PM						
	St. Theresa	JUDE		5:45 PM					
	CPC	JUDE			6:30 PM				
	St. Theresa (W)	JUDE				7:15 PM			
Wed, Sep 10, 2025	Sacred Heart	JUDE					5:45 PM		
	Sacred Heart	JUDE						6:30 PM	
	St. Theresa	JUDE							7:15 PM
Thu, Sep 18, 2025	Ascension Christian	JUDE				6:30 PM			
	Parkview Baptist	JUDE							7:15 PM
Mon, Sep 22, 2025	St. George (W)	JUDE	5:45 PM						
	St. George (W)	JUDE		6:30 PM					
	St. George (D)	JUDE			7:15 PM				
Thu, Sep 25, 2025	St. George (F)	JUDE				6:30 PM			
	Sacred Heart	JUDE							7:15 PM
Mon, Sep 29, 2025	St. Aloysius (R)	JUDE					5:45 PM		
	St. Aloysius	JUDE						6:30 PM	
	Our Lady of Mercy (W)	JUDE							7:15 PM
Tue, Oct 07, 2025	St. Aloysius (W)	JUDE	5:45 PM						
	Our Lady of Mercy (B)	JUDE			6:30 PM				
	Ascension Christian	JUDE					7:15 PM		
Thu, Oct 09, 2025	Our Lady of Mercy (W)	JUDE				5:45 PM			
	Our Lady of Mercy (W)	JUDE						6:30 PM	
	Our Lady of Mercy (B)	JUDE							7:15 PM
Tue, Oct 14, 2025	St. George	JUDE						5:00 PM	
	Our Lady of Mercy (W)	JUDE	5:45 PM						
	Our Lady of Mercy (J)	JUDE		6:30 PM					
Tue, Oct 21, 2025	St. John	JUDE			7:15 PM				
	MBS	JUDE		5:45 PM					
	MBS	JUDE					6:30 PM		
	St. Elizabeth	JUDE						7:15 PM	
GYM LOCATIONS	JUDE	St Jude - 9150 Highland Rd, Baton Rouge		SH	Sacred Heart - 2251 Main St, Baton Rouge				
	CPC	Catholic of Pointe Coupee - at the High School, 504 Fo		ELIZ	St Elizabeth - 6051 Convent St, Paincourtville				
	OLOM	Our Lady of Mercy - 400 Marquette Ave, Baton Rouge		HF	Holy Family - 335 N Jefferson Ave, Port Allen				
	SJV	St Jean Vianney - 16266 S Harrell's Ferry Rd, Baton Roi		GEO	St George - 7880 St George Dr, Baton Rouge				
	ALOY	St Aloysius - 2025 Stuart Ave, Baton Rouge		THER	St Theresa - 212 E New River St, Gonzales				
	STM	St Thomas More - 11400 Sherbrook Dr, Baton Rouge		AC	Ascension Catholic - at the High School, 311 St. Vincent, Donaldsonville				
	JOHN	St John - 24250 Regina St, Plaquemine		JOHN	Iberville Elementary, 58650 Iron Farm Rd, Plaquemine (if 4th grade is playing)				

**PARENTS, PLEASE SIGN UP TO
WORK THE BOOK AND/OR
CLOCK AT HOME GAMES HERE.**

Date	Day	Opponent	Venue	Start Time
9/17/2025	Wednesday	City Park Aces	City Park	4:00 PM
9/24/2025	Wednesday	Episcopal	Episcopal	4:00 PM
10/1/2025	Wednesday	St. Jean Vianney	University Club	4:00 PM
10/4/2025	Saturday	OLOM	Bocage	12:00 PM
10/8/2025	Wednesday	Zachary	University Club	4:00 PM
10/11/2025	Saturday	St. George	Country Club	10:00 AM
10/20/2025	Monday	West Fel	University Club	4:00 PM
10/22/2025	Wednesday	Most Blessed Sacrament	Independence	4:00 PM
10/25/2025	Saturday	St. Aloysius	Independence	10:30 AM
10/29/2025	Wednesday	Dunham	Manship YMCA	4:00 PM
11/1/2025	Saturday	STM	Independence	10:30 AM
11/5/2025	Wednesday	UHigh	Independence	4:00 PM



20 SJS CROSS COUNTRY MEET SCHEDULE 25

Saturday, September 6 - Green Tiger Softwash @ Brusly High School

Saturday, September 13 - Episcopal Round Table Run @ Highland Rd Park

Saturday, September 20 - St. George XC Invitational @ Highland Rd Park

Saturday, September 27 - St. Jude Cougar Invitational @ Highland Rd Park

Saturday, October 4 - Ain't No Shade in Cade XC Invitational

@ Episcopal School of Acadiana

Saturday, October 11 - St. Aloysius XC Invitational @ Highland Rd Park

Saturday, October 18 - Northwestern Battlefield Run @ Port Hudson

Saturday, October 25 - Metro Championship @ Highland Rd Park



ST. JUDE BASKETBALL

Date	Opponent	Location	Moses 3rd	Danzy (W) 4th	Cedotal (B) 4th	Broussard 5th	Honore 6th	Mensman (W) 7th DII	Arrighi (B) 8th DII
Mon, Sep 08, 2025	St. Theresa (W)	JUDE	5:00 PM						
	St. Theresa	JUDE		5:45 PM					
	CPC	JUDE			6:30 PM				
	St. Theresa (W)	JUDE				7:15 PM			
Wed, Sep 10, 2025	Sacred Heart	JUDE					5:45 PM		
	Sacred Heart	JUDE						6:30 PM	
	St. Theresa	JUDE							7:15 PM
Thu, Sep 11, 2025	St. Alphonsus (B)	ALPH					5:45 PM		
Mon, Sep 15, 2025	St. Elizabeth	ELIZ				5:45 PM			
	St. Elizabeth	ELIZ							6:30 PM
Tue, Sep 16, 2025	St. Aloysius (L)	ALOY	5:00 PM						
Wed, Sep 17, 2025	St. Thomas More	STM				5:00 PM			
	St. Thomas More	STM					6:30 PM		
Thu, Sep 18, 2025	Our Lady of Mercy (W)	OLOM		5:45 PM					
	Our Lady of Mercy (J)	OLOM			6:30 PM				
	St. Theresa	THER					5:45 PM		
	St. Theresa	THER						6:30 PM	
	Ascension Christian	JUDE				6:30 PM			
	Parkview Baptist	JUDE							7:15 PM
Mon, Sep 22, 2025	St. George (W)	JUDE	5:45 PM						
	St. George (W)	JUDE		6:30 PM					
	St. George (D)	JUDE			7:15 PM				
Tue, Sep 23, 2025	St. Aloysius (B)	ALOY		5:45 PM					
	St. Aloysius (W)	ALOY				6:30 PM			
	St. Jean Vianney (W)	SJV							5:45 PM
	St. Jean Vianney (BK)	SJV						6:30 PM	
Thu, Sep 25, 2025	Sacred Heart	JUDE							7:15 PM
	Holy Family	HF						7:15 PM	
Mon, Sep 29, 2025	St. George (F)	JUDE				5:00 PM			
	St. Aloysius (R)	JUDE					5:45 PM		
	St. Aloysius	JUDE						6:30 PM	
	Our Lady of Mercy (W)	JUDE							7:15 PM
Tue, Sep 30, 2025	St. George (G)	GEO					5:45 PM		
	St. George	GEO							6:30 PM
Fri, Oct 03, 2025	Sacred Heart	SH	5:45 PM						
	St. Aloysius (W)	ALOY		5:45 PM					
	St. Aloysius (R)	ALOY			6:30 PM				
Tue, Oct 07, 2025	St. Aloysius (W)	JUDE	5:45 PM						
	Our Lady of Mercy (B)	JUDE			6:30 PM				
	Ascension Christian	JUDE					7:15 PM		
Thu, Oct 09, 2025	Our Lady of Mercy (W)	JUDE				5:45 PM			
	Our Lady of Mercy (W)	JUDE						6:30 PM	
	Our Lady of Mercy (B)	JUDE							7:15 PM
Fri, Oct 10, 2025	St. John (B)	JOHN							7:15 PM
Mon, Oct 13, 2025	St. Aloysius (W)	ALOY					5:45 PM		
	St. Aloysius	ALOY							6:30 PM
Tue, Oct 14, 2025	St. George	JUDE						5:00 PM	
	Our Lady of Mercy (W)	JUDE	5:45 PM						
	Our Lady of Mercy (J)	JUDE		6:30 PM					
	St. John	JUDE			7:15 PM				
Mon, Oct 20, 2025	Holy Family	HF			5:00 PM				
	Our Lady of Mercy	OLOM					5:00 PM		
	Our Lady of Mercy (B)	OLOM						5:45 PM	
	Holy Family	HF							7:15 PM
Tue, Oct 21, 2025	MBS	JUDE		5:45 PM					
	MBS	JUDE					6:30 PM		
	St. Elizabeth	JUDE						7:15 PM	
Thu, Oct 23, 2025	St. George (W)	GEO				5:45 PM			
Mon, Oct 27, 2025	St. Jean Vianney (W)	SJV		5:45 PM					
	St. Jean Vianney	SJV				6:30 PM			
	St. Jean Vianney (W)	SJV						7:15 PM	
Wed, Oct 29, 2025	Ascension Catholic	AC					5:45 PM		
	St. Alphonsus	ALPH			7:15 PM				

GYM LOCATIONS	JUDE	St Jude - 9150 Highland Rd, Baton Rouge	SH	Sacred Heart - 2251 Main St, Baton Rouge
	CPC	Catholic of Pointe Coupee - at the High School, 504 Fourth	ELIZ	St Elizabeth - 6051 Convent St, Paincourtville
	OLOM	Our Lady of Mercy - 400 Marquette Ave, Baton Rouge	HF	Holy Family - 335 N Jefferson Ave, Port Allen
	SJV	St Jean Vianney - 16266 S Harrell's Ferry Rd, Baton Rouge	GEO	St George - 7880 St George Dr, Baton Rouge
	ALOY	St Aloysius - 2025 Stuart Ave, Baton Rouge	THER	St Theresa - 212 E New River St, Gonzales
	STM	St Thomas More - 11400 Sherbrook Dr, Baton Rouge	AC	Ascension Catholic - at the High School, 311 St. Vincent, Donaldsonville
	JOHN	St John - 24250 Regina St, Plaquemine	JOHN	Iberville Elementary, 58650 Iron Farm Rd, Plaquemine (if 4th grade is playing)

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