# **COUGAR RUMBLE**

### 7TH GRADE VARSITY VOLLEYBALL

The 7th Grade Girls' Varsity Volleyball Team moved to 5-0 on the season with a win against SJV earlier this month!

The Cougars play at Home one more time on Thursday, May 2nd at 7:45pm - come out and show your support!







COACHES AND PARENTS - WE WANT TO HEAR FROM YOU! SHARE PHOTOS, TRAINING UPDATES, GAME SCHEDULES, SEASON PLAY, VICTORIES, ETC. WE WANT TO SHARE ALL THE GOOD NEWS, EXCITING HAPPENINGS, UPCOMING EVENTS, AND ATHLETICS CELEBRATIONS HERE. PLEASE EMAIL PHOTOS AND ANNOUNCEMENTS TO KATE@KBCOOKWEDDINGS.COM. INFORMATION WILL BE COMPILED AND SHARED VIA THE COUGAR.

### MIDDLE SCHOOL TRACK AND FIELD

Our Middle School Track and Field team had another fantastic meet on Sunday, April 13th at Catholic High School. The Senior Boys finished FIRST overall and the Junior Girls finished FOURTH! We had the following top finishers across all divisions:

#### Junior Division:

Hartley Cook - 2nd Place in Discus Molly Luke - 2nd Place in 1600M Run

#### Senior Division:

- Beckett Wilson 1st Place in 100M Dash
- Alex Mumford 2nd Place in 100M Dash AND in 400M Dash
- Davis Romero 3rd Place in 800M Dash
- Noah Seely 3rd Place in 400M Dash
- Joseph Anderson, Luke Bailey, Liam Roquemore, & Ethan Cook 3rd Place in 4x400M Relay
- Alex Mumford, Noah Seely, Davis Romero, & Beckett Wilson 1st Place in 4x100M Relay. These gentlemen are now ranked 4th in the State for this event!

## 6TH GRADE JV VOLLEYBALL

The 6th Grade Girls' Junior Varsity Volleyball Team defeated St. Aloysius in three out of three sets earlier this week!! The Cougars were on fire!!

Please come cheer on these Cougars at their last game on Thursday, May 2nd at Home at 5:45pm.



## 5TH GRADE VOLLEYBALL

The 5th Grade Girls' Volleyball Team wrapped up their season on Tuesday, April 23rd with an exciting game against St. Jean Vianney.

This season was truly a learning season for these athletes and the growth they showed from start to finish was tremendous! Coming to the table with differing amounts of previous experience in the sport, these young ladies committed to their coach's program, played with grit, and had lots of fun along the way!

Both the athletes and their parents would like to recognize the unbelievable work that Coach Paula did for this team. She brought an incredible knowledge of the sport and enthusiasm for teaching to each practice and game. It is clear that she coaches from the heart and these athletes benefitted immensely from her leadership.

Special thanks to SJS Alumna, Abby Alford, for the assistance she provided to Coach Paula!











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