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# COUGAR RUMBLE

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## 6TH GRADE VARSITY VOLLEYBALL

The 6th Grade Varsity Volleyball Team won against St. Theresa on Wednesday, March 20th. Leah Gossard lead the team with her defensive work on the court.

The girls are working extremely hard and everyone is stepping up their game to support their teammates. We are so proud of you, Cougars!



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COACHES AND PARENTS - WE WANT TO HEAR FROM YOU! SHARE PHOTOS, TRAINING UPDATES, GAME SCHEDULES, SEASON PLAY, VICTORIES, ETC. WE WANT TO SHARE ALL THE GOOD NEWS, EXCITING HAPPENINGS, UPCOMING EVENTS, AND ATHLETICS CELEBRATIONS HERE. PLEASE EMAIL PHOTOS AND ANNOUNCEMENTS TO [KATE@KBCOWWEDDINGS.COM](mailto:kate@kbcowweddings.com). INFORMATION WILL BE COMPILED AND SHARED VIA THE COUGAR.

# MIDDLE SCHOOL TRACK AND FIELD

Our Middle School Track Team competed in its third meet of season on Sunday, March 24th at Episcopal High School against 20 other teams.

The Senior boys finished FIRST overall and SJS had the following top finishers across all divisions:

Junior Division:

- 3rd place girls 4x100 relay: Peyton Smith, Lily Herrmann, Julie Murray, & Molly Luke
- Lilly Herrmann- 3rd place Discus
- Molly Luke- 1st place in the 1600m run
- Ty Prather- 3rd place in the 800m run

Seniors:

- Beckett Wilson: 1st place 100m hurdles AND Triple Jump
- Alex Mumford: 3rd place 400m dash
- Noah Seely: 3rd place 100m dash AND Long Jump
- 1st place boys 4x100 AND 4x400 relays: Alex Mumford, Noah Seely, Davis Romero, & Beckett Wilson. Both of these relay teams are now ranked in the Louisiana top 10 for the 2024 middle school track season!!

**REGISTER NOW & SAVE!**

**ONLY \$50 WITH  
EARLY BIRD PRICING**



# 2024 Congrats VOLLEYBALL Clinic

**INCOMING SJS 3RD - 8TH GRADERS**

*fundamentals • drills • skill building*

**BEGINNERS AND EXPERIENCED PLAYERS WELCOME!**

**COST: \$50 EARLY BIRD UNTIL MAY 17 | \$60 AFTER MAY 17**

**JULY 16, 17, 18**

**Grades 7 & 8 12:30PM - 2:30PM**

**Grades 3 & 4 3:00PM - 4:30PM**

**Grades 5 & 6 5:00PM - 7:00PM**

**REGISTRATION DEADLINE: JULY 1**

**QUESTIONS? EMAIL [LMCCOMBIE@STJUDEBR.ORG](mailto:LMCCOMBIE@STJUDEBR.ORG)**

*Register Here*



**GEAUX**  
MARKETING GROUP



# 2024

GEAUX  
MARKETING GROUP

# BASKETBALL SKILLS CAMP

Advanced skills training designed for SJS students entering 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grades who are interested in playing basketball next season!

SIGN UP!



**SESSION ONE**

**JUNE 17-20 8AM-11AM**

**SESSION TWO**

**JUNE 24-27 8AM-11AM**

**\$250 FOR BOTH SESSIONS (RECOMMENDED) OR \$150 FOR ONE SESSION**

**HOSTED BY 7<sup>th</sup> GRADE HEAD COACH MATTHEW DEL RIO**

Questions : [matthewdelrio1@gmail.com](mailto:matthewdelrio1@gmail.com) Venmo: @Matthew-DelRio