



SEPTEMBER 2023

Elementary Schools

 LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day

4

Hamburger/Cheeseburger
Lettuce and Pickle Cup
French Fries
Garden Variety Veggies
Tropical Fruit

5

Choice: Chicken Smackers
Power Cup

Jambalaya
White Beans
Garden Variety Veggies
Sorbet Cup
Dinner Roll

6

Choice: Chef Chicken Smacker Salad
Power Cup

Chicken Parmesan with
Spaghetti
Garden Salad
Garden Variety Veggies
Diced Peaches
Garlic Bread Stick

7

Choice: Totachos
Power Cup

Macaroni and Cheese
Green Beans
Garden Variety Veggies
Strawberry Applesauce

1

Choice: Pizza
Power Cup

Nachos
Nacho Salad Cup
Salsa
Mexican Corn
Garden Variety Veggies
Orange Wedges

8

Choice: Pizza
Power Cup

Chicken Tenders
Red Beans and Rice
Garden Variety Veggies
Pineapples
Biscuit

11

Choice: Pizza
Power Cup

Soft Tacos
Taco Salad Cup
Pinto Beans
Salsa
Garden Variety Veggies
Sorbet Cup

12

Choice: Chicken Smackers
Power Cup

Chicken Potato Bowl
Garden Variety Veggies
Red Apple Wedges
Dinner Roll

13

Choice: Chef Taco Salad
Power Cup

Pepperoni or Cheese Pizza
Garden Variety Veggies
Garden Salad
Fresh Fruit

14

Choice: Totachos
Power Cup

Chicken Filet on Bun
Tator Tots
Lettuce and Pickle Cup
Garden Variety Veggies
Diced Pears

15

Choice: Pizza
Power Cup

Honey Citrus Chicken
Fried Rice
Garden Variety Veggies
Pineapples

18

Choice: Pizza
Power Cup

Spaghetti and Meatballs in Sauce
Garden Salad
Garden Variety Veggies
Orange Wedges
Garlic Bread Stick

19

Choice: Chicken Smackers
Power Cup

BBQ Pulled Pork Sandwich
Baked Beans
Garden Variety Veggies
Tropical Fruit
Celebration Cupcake

20

Choice: Chef Caesar Salad
Power Cup

Chicken Teriyaki Rice Bowl
Garden Variety Veggies
Sorbet Cup

21

Choice: Totachos
Power Cup

Macaroni and Cheese
Green Beans
Garden Variety Veggies
Strawberry Applesauce

22

Choice: Pizza
Power Cup

Chicken Smackers
Spaghetti and Cheese
Garden Variety Veggies
Cauliflower with Cheese
Mixed Fresh Fruit

25

Choice: Pizza
Power Cup

Hamburger/Cheeseburger
Lettuce and Pickle Cup
French Fries
Garden Variety Veggies
Tropical Fruit

26

Choice: Chicken Smackers
Power Cup

Jambalaya
White Beans
Garden Variety Veggies
Sorbet Cup
Dinner Roll

27

Choice: Chef Chicken Smacker Salad
Power Cup

Chicken Parmesan with
Spaghetti
Garden Salad
Garden Variety Veggies
Diced Peaches
Garlic Bread Stick

28

Choice: Totachos
Power Cup

Nachos
Nacho Salad Cup
Salsa
Mexican Corn
Garden Variety Veggies
Orange Wedges

29

Choice: Pizza
Power Cup

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.