



THE COUGAR



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Message from Mrs. Gardiner

COMING UP ...
2023-2024
FEE SCHEDULE

Friday, March 17, 2023

- Building Use Fee - \$235 per family (non-refundable)

Friday, March 17, 2023

- Technology Fee - \$125 per child (non-refundable)

A cartoon cougar mascot wearing a blue jersey with the number 01, holding a red sign that says "FEE".

The seal of the U.S. Department of Education National Blue Ribbon School 2020.

Fair Volunteers Needed

The St. Jude Church and School Fair is 8 days away!! The success of the fair depends on YOU! Please sign up for a shift. It is always wonderful seeing parents and parishioners coming together to support and give back to our parish! We appreciate your help! Please click the link below to sign up.
<https://www.signupgenius.com/go/4090f48a8aa22abf49-2023#/>

The logo for the 2023 St. Jude church & school FAIR, featuring a colorful umbrella and a cross.

A red and blue megaphone.

8
DAYS
UNTIL
THEFAIR

232
VOLUNTEER SLOTS
LEFT TO FILL!

**Please sign up and
help make our
2023 Parish Fair
the best one yet!**

Fair Sweets Booth

Sweets needed for the Sweet Booth. Please click the link below to sign up. Please click [HERE](#) to sign up.

St. Jude's

**Fluff Up
Your Fur!**

Wear your hair funny and/or wear a St. Patrick's Day or green shirt! Bring a dollar for free dress. You can wear uniform bottoms or jeans.

All proceeds will go to the Friends of the Animals Dog Shelter.

A cartoon dog lying down.

THE COUGAR



Home and School

HELP NEEDED! Would you like to get more involved with the Home and School Committee? We are still in need of volunteers to serve on our Board. Please contact Lindsey Gueho at lindsey_usry@yahoo.com for more information!

BEAUTIFICATION: Spring is here and the Beautification Committee is ready to decorate our school with brighter colors! If you have any Spring décor that you would like to donate to the school, please contact Lauren Malek at laurencmalek@gmail.com. Thank you!

THANK YOU! Thank you to Ali Fisher for taking homeroom class pictures for us and thank you to Jaclyn Landry and Lindsey Gueho for assisting with this project. We could not have done it without you!

Athletics

VOLLEYBALL: We hope to see our Cougar fans at our Home Volleyball games this season. Please see the attached schedule and Go Cougars!

The 5th grade volleyball team won their first and second games! Our next home game is Wednesday, March 29 – we hope to see you there!

The 6th grade varsity volleyball team played Mercy for their second game of the season. The girls played hard and everyone served well. They won 1 and lost 2 games to Mercy. The next game is at Catholic High Pointe Coupee on March 22 at 5:45 pm.

6th JV – Won their match again Sacred Heart on Tuesday night by winning 2 of 3 games.

7th – Won their first match again St. Aloysius last Thursday night by winning 2 of 3 games. The next home game is 3/23.

TRACK: Our track team competed in its first meet of season on Sunday at Zachary High School. We competed against more than 550 students from across the area and had an awesome turnout!

Top five finishers in events were:

Juniors:

Lilly Herrmann-Discus- 5th Place

Sylvie Vincent-1600m- 5th Place

Noah Seely- 100m-1st Place

Noah Seely- 800m- 1st Place

Seniors:

Avery Brown-Shot Put- 3rd Place

Hannah Thornton-Shot Put- 5th Place

Hannah Thornton-Discus- 1st Place

Quinn Merchant-Triple Jump- 2nd Place

Murphy Maynard, Quinn Merchant, Philip Wesley, Braeden Gasser-4x400 Relay-4th Place



Cougar Fan Gear Store

The ALL NEW SJS Cougar fan gear store is now open!

Scan the QR code to view the store and purchase items. Please note that this is fan gear and not school uniform approved items.



Yearbooks On Sale

Yearbooks for the 2022-23 school year are now on sale. Click [here](#) to order your yearbook.

THE COUGAR



COLOR WARS TEAMS

ORANGE: PRE K, KINDER & 1ST

PURPLE: 2ND, 3RD & 4TH

GREEN: 5TH & 6TH

PINK: 7TH & 8TH

YELLOW: SJS STAFF & PARENTS

SPIRIT WEEK

MONDAY, MARCH 20

WEAR YOUR **TEAM COLOR HEADWEAR** WITH SCHOOL UNIFORM.
(HATS, HEADBANDS, SCRUNCHIES, ETC.) NO MASKS!

TUESDAY, MARCH 21

WEAR YOUR **TEAM COLOR SHIRT** WITH UNIFORM BOTTOMS.
NO HOODIES!

WEDNESDAY, MARCH 22

WEAR YOUR **TEAM COLOR SOCKS** WITH FAIR TSHIRT AND
UNIFORM BOTTOMS OR SCHOOL UNIFORM.

THURSDAY, MARCH 23 -- PEP RALLY @ 1:45 IN THE GYM

PUT IT ALL TOGETHER!! WEAR YOUR **TEAM COLOR SHIRT,**
HEADWEAR AND SOCKS WITH UNIFORM BOTTOMS AND GET
READY FOR A COLOR WARS PEP RALLY!

IF YOU PLAY A SPRING SPORT, PLEASE BRING YOUR JERSEY/T-SHIRT TO PUT ON
OVER YOUR COLOR WARS SHIRT FOR TEAM RECOGNITION AT THE PEP RALLY!

Important Dates

Friday, March 17th....BETA Club Fundraiser

Thursday, March 23rd....Pep Rally

Friday, March 24th....No School for Fair Friday

March 24th to March 26th....St. Jude Parish Fair

April 3rd....Spring Sports Pictures

SJS Cheerleading Tryout Packet 2023-2024

Dear Parents and Students,

We are so excited that you are considering trying out to be a part of our 2023-2024 SJS cheerleading squad. Our goal is to support and encourage our sports teams to do their best while also developing our own skills at practice. In addition to being involved with multiple sports, we also have the privilege to support our school's academic and service organizations. Please read carefully through the following information; it explains all the commitments and regulations for participating in cheerleading tryouts, as well as expectations of cheerleaders at SJS throughout the remainder of the school year.

The **final page** needs to be printed and filled out completely by the student and parent. The form is due back to school no later than **Tuesday, March 28, 2023**. Please return all forms to Mrs. Peggy in the front office, or Mrs. Andermann upstairs in the middle school building.

All prospective cheerleaders will receive an invitation to become part of a Cheer Tryout google classroom and videos of the tryout material will be posted on **Sunday, April 2, by 4:00pm**. We will have two days of clinics to review the material and go over tryout procedures.

Tuesday, April 4th - 3:15-4:30 & Wednesday, April 5th - 3:15-4:30

On **Wednesday, April 5th**, there will be a short meeting for all prospective cheerleader parents in the **Cafeteria** at **4:15pm**. Please make arrangements for at least one parent to attend. Someone will let you in the building when it is time for the meeting. We ask that you remain outside until that time.

CHEERLEADING TRYOUTS ARE ON THURSDAY APRIL 6TH

Tryouts will begin at 3:30 pm and will end around 5:00pm. **Tryouts and tryout clinics are closed to spectators.**

No Exceptions. Girls are asked to wear comfortable sporty clothing with tennis shoes to the clinic.

For tryouts, participants should wear dark colored shorts (black, navy) and a red shirt (preferably their Cougar Pride t-shirt) with tennis shoes.

If your daughter makes the squad we have a mandatory fitting on Friday April 7th @ 8:30am. I am aware that this is Good Friday, but we are getting NEW UNIFORMS this year and we have to be fitted ASAP in order for the uniforms to be ready for camp. Please be aware of this date!

Requirements to consider when trying out for cheerleading:

- There is a financial obligation involved with cheerleading. We rent our uniforms from St. Jude athletics and will buy two camp outfits, shoes, bloomers, hair bows, body liners, socks, pompoms, bags, and a few miscellaneous items throughout the year. For new cheerleaders the total is around \$600.00.
- We will attend UCA Summer Camp. Camp is **June 12-14, 2023**. Every cheerleader is expected to attend camp.
- We will practice 1 or 2 times per week and cheer at games from September- March. There will be weeks where we will cheer on multiple nights. While we encourage and allow cheerleaders to play other sports, we ask that you do your best to keep cheerleading as a high priority.

If you have questions about the tryout process, please let me know. I look forward to working with you all.

GEAUX COUGARS!!

Lauren Andermann

Questions to: Landermann@stjudebr.org

Just the Facts...

Participating Students: CURRENT 5th–7th Grade female students

Tryout Clinic:

Material Posted: Sunday April 2nd by 4:00pm via Google Classroom

Clinic Dates: Tuesday, April 4th & Wednesday, April 5th.

Tryouts: Thursday, April 6th @3:30pm (**Tryouts are closed to spectators. No Exceptions**)

Fittings: Friday, April 7th @ 8:30am

Camp: June 12-14, 2023 (ALL DAY)

School Year Practices:

TBA (September – March) 3:15-4:30 (could change week to week)

Cost and Commitments:

Please note that all amounts are approximate

Uniform Rental/Cheerleading Fee: \$100.00

Camp: \$225.00

Other attire/accessories and practice clothes: \$300.00 This includes practice/camp clothes, shoes, pom poms, body liner, bags, bows, and a few items during the year. Returning cheerleaders will only need to purchase practice/camp clothes and any item that they need to replace. Everyone will need a new body liner this year.

There will be an option to purchase a sweatshirt for an additional cost. Please know that I am constantly working to get these costs down. I understand this is a large financial commitment.

Academic Eligibility:

All cheerleaders must maintain a “B” average in conduct.

All cheerleaders must maintain a GPA of 2.25 or higher.

No “F” should be earned on any report card. This is monitored by the administration.



St. Jude Cheerleader Application

**(Please PRINT, complete, & return this page (THIS PAGE ONLY) to school no later than
Tuesday, March 28, 2023**

Student Name: _____ Current Grade _____

Date of Birth: _____ Age: _____

Parent Cell Phone #: (____) _____ Student Cell Phone #: (____) _____

Parent Emails (Please PRINT this information):

Why do you want to be a St. Jude Cheerleader?

Agreement:

I have read and understand all of the requirements and commitments to become a St. Jude cheerleader. I am aware that my commitment is not optional and I will be required to participate in all of the events and practices throughout the 2023-2024 school year. I understand this is a try out process and will support the school and other students trying out regardless of my placement or non-placement on the squad.

Student's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____