



THE COUGAR



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Message from Mrs. Gardiner

Dear St. Jude Parents,

We are well on our way into a great school year. This week I would like to provide you with answers to some frequently asked questions. I hope that you find this information helpful.

One in Christ,

Michelle Gardiner, M.ED.

ST. JUDE



Frequently Asked Questions

1. Is lunch prepared on site?
Yes
2. Is breakfast offered? If so, what is the charge?
Yes \$2.50
3. What is the cost of a school lunch?
\$3.30
4. Can students ask for seconds if they are still hungry?
Yes, if available.
5. Do students have the option to opt-out of certain items? For example if a student wants spaghetti but no sauce, is that allowed?
Yes, please let the server know.
6. Does SJS provide the daily choice alternative listed on the monthly menu (e.g. Monday is pizza)?
The menu is subject to change. However, if the food is in stock, pizza is offered on Monday and Wednesday. Chicken smackers (nuggets) are offered on Tuesday and Thursday and taco salad is on Friday.
7. If a student does not want lunch for the day, are they allowed to choose the daily alternative?
Yes, only for grades 3 - 8.
8. If my child brings a lunch to school but then decides they want to eat the school lunch, is that allowed?
Yes
9. Can my child just get milk? If so, how much does that cost?
Yes \$0.75
10. What time does my child eat lunch?
PK -K - 10:00-10:30
First-Second - 10:30-11:00
Third-Fourth - 11:00-11:30
Fifth-Sixth - 11:45-12:08
Seventh - Eighth - 12:08-12:30

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Home and School

SANTA LAND: The Christmas season is quickly approaching! Every year our students are given the opportunity to shop for Christmas gifts for family & friends! Santa Land is coming to SJS Monday, November 28 - Friday, December 2. Please consider volunteering your time to help make this fun holiday event a success. It is great fun for the kids and adults, alike. As always, thank you for your support!

Please click the [signup genius link](#) to volunteer.

FUN RUN: Thank you to everyone that has already submitted their first Fun Run donation – y'all are awesome! Remember that each student will receive a FUN RUN t-shirt with their first donation of any size. Fun Run t-shirt days start this Friday, September 23rd and will be every Friday in September and October. Donations can be made via cash, check or online here: <https://event.auctria.com/84c3c30c-4439-4f95-bd5e-d2d94e7e7810/>

SPIRIT WEAR: Your favorite SJS tattoos, face glitter, garden flags, car decals, and Saint Jude Tiny Saint charms are available for purchase at <https://ourschool.support/homeandschoolstore>. Head on over and support your school! A Tiny Saints fundraiser will take place in October as well ... more details to come soon! If you have any questions about spirit wear, please contact Emma Long at emma.m.long@gmail.com.

REMINDER: St. Jude navy fleeces are now only available at Classic Image Uniforms. There are 3 ways to order your navy fleeces: 1 - call Classic Image Uniforms at (225) 929-8989, 2 - visit them at 120 Staring Lane in Baton Rouge, or 3 - order online at <https://www.classicimageuniforms.com>. If you order online, click on "Group Sign In" at the top right of the webpage, then enter "cougars" as the code.

THANK YOU: We would like to thank the 8th grade parents for providing snacks for the faculty and staff to enjoy this month. They were much appreciated!

CHILD PROTECTION: Anyone wishing to volunteer at St. Jude School in ANY CAPACITY (as a chaperone for party or field trip, cafeteria or library volunteer, etc.) must fulfill the requirements mandated by the U.S. Conference of Catholic Bishops and the Diocese of Baton Rouge. Contact Mrs. Lori Lyman, llayman@stjudebr.org, for more information and verification.

Athletics

SWIM TEAM: The St. Jude Swim team had a successful start to the season at the Middle School Kickoff Meet. Cougars were led by 8th grader Jack Cannon: 1st place 50 yard Freestyle and 2nd place 50 yard Butterfly and 7th grader Lily Moreland: 2nd Place 50 yard Breaststroke and 3rd place 50 yard Freestyle. Other Cougars with top 8 finishes were Kurt Balkum: 2nd Place 50 yard Backstroke, Michael Esteve: 6th place 50 yard Butterfly, 4th place 50 yard Freestyle, Camille Hamner: 7th Place 50 yard Butterfly and 6th place 50 yard Breaststroke, Sarah Graham: 8th place 50 yard Breaststroke, Beau Guerin: 6th place 50 yard Freestyle. Many other swimmers swam personal best times!

3/4 FOOTBALL: The 3rd and 4th grade football team took on the Our Lady of Mercy Blue Jays this past Sunday and showed that no matter the size, the Cougars show up to fight! This was our second matchup of the year after showing well during the St. Aloysius Jamboree. Our 13 boys played their first controlled scrimmage against the team of 39(!) boys from Mercy and gave them everything they could handle. It was hot and the boys were tired after hardly leaving the field for nearly an hour, but the Cougars held their own by scoring twice and holding the Blue Jays to three touchdowns. This scrappy group will show up again this Sunday at 4:00PM at the St. Jude field to take on the combined squads of St. Jean Vianney and St. Alphonse. If you can, come support these boys and show them that their community is behind them! If you have a son in 2nd or 3rd grade that may have interest in playing next year, show up to watch what these boys are capable of! They've come a really long way in their skill set, attitude, and effort, and all of us coaches are extremely proud of the work they continue to put in.

5/6 FOOTBALL: 5/6 grade football will play Sunday at 1 at St George school. We host our first home game on 9/28 at 5:30 – some out and support our Cougars at our home field!

CROSS COUNTRY: Our team competed in the Brusly Middle Invitational this past weekend and had a strong performance from both our boys and girls teams. We are back in Brusly this Saturday for the Brusly Middle Cinlaire Levee Run. All of our runners are improving their times each week and we look forward to showcasing their performances in the coming weeks. Our October schedule is as follows:

10/1/22 Dragon Dash @ Highland Road Park

10/8/22 St. Aloysius XC Invitational @ Highland Road Park

10/15/22 Northwestern Braves Battlefield Run @ Port Hudson Battlefield

10/20/22 St. Jean Vianney Invitational @ Highland Road Park

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Visitors On Campus

REMINDER

ALL VISITORS MUST CHECK IN AT THE FRONT OFFICE AND GET A YELLOW BADGE PRIOR TO STARTING YOUR VISIT. PLEASE MAKE SURE THAT THE BADGE IS VISIBLE AT ALL TIMES.

Istrouma
EATERY + BREWERY

**GIVE BACK
NIGHT**
benefitting

ST. JUDE THE APOSTLE SCHOOL

**THURS | 4 - 9
SEPT 29 | PM**

**FARM ANIMAL
CUDDLE STATION
4PM - UNTIL**

WANT YOUR SCHOOL TO BE
A PART OF OUR GIVE BACK
NIGHTS? MESSAGE US!

Important Dates

Friday, September 23rd...Cougar Pride Dress/Fun Run T-shirts

Monday, September 26th...SJS Booster Club Golf Tournament

Thursday, September 29th...Give Back Night at Istrouma