



Required/Mandatory Parent Workshop

TO- Parents of All Students who will be Enrolled in St. Jude School for the 2019-2020 School Year
Parents of All Students who will be Enrolled in St. Jude School Parish School of Religion (P.S.R.) for the 2019-2020 School Year

FROM- Fr. Trey Nelson, *Pastor*
Mrs. Michelle Gardiner, *Principal*
Ms. Michaelyn McGinnis, *Director of Christian Formation*

RE- Required Parent Workshop

DATE- May 5, 2019

Dear Parents:

As we look to the end of this school year and toward the beginning of a new one, we are making a collaborative effort to address some of the most challenging realities that we and our children face in the twenty-first century. ***On Sunday August 18th we are offering a workshop for parents, beginning immediately after the 11:30am Mass.*** This event will be held in our Parish Activity Center (Gym). Light snacks will be provided, starting at 12:40pm. The workshop will end no later than 2:30pm.

Please note that your attendance is required. Specifically, we are asking that at least 1 parent of every household represented in St. Jude School and our Parish School of Religion (P.S.R.) be present. Unless there is some sort of true emergency, it is our expectation that you be there. As your pastor, I have been here at St. Jude for a little over 10 years now. This is the first time that I/we have asked for mandatory attendance by parents of our entire student body and P.S.R. program. Mrs. Gardiner, our principal, Ms. McGinnis, our Director of Christian Formation, and our St. Jude School Advisory Council and I stand in unison regarding the importance of this workshop and your presence that day.

The workshop is entitled, ***“Parenting Social Media.”*** Our presenter will be Dr. Erin Dugan, Ph.D., LPC-S, RPT-S. Dr. Dugan is a Licensed Professional Counselor-Supervisor and a Registered Play Therapist-Supervisor specializing in children ages 2-12, attachment disorders, and child-parent relationship therapy. She is also a Professor in the Department of Clinical Rehabilitation and Counseling at the Louisiana State University Health Sciences Center, New Orleans. She serves as interim Department Head of the Department of Clinical Rehabilitation and Counseling and Associate Dean of Academic Affairs in the School of Allied Health Professions at LSUHSC. Dr. Dugan comes to us highly recommended by local professionals.

The consensus that we reached regarding this workshop arose initially from growing concerns regarding the effects of games such as FORTNITE on child behavior, academic performance, and social interaction. The conversation broadened to other similar areas and concerns. We would not be asking your attendance if we did not feel it absolutely necessary to do so. ***Please see the attached flier regarding date, time, location, and, most importantly, [CLICK HERE](#) to register by August 1.*** We look forward to seeing you as we explore further ways to best educate, form, and love our children.

Sincerely yours,

Fr. Trey Nelson
Pastor

Mrs. Michelle Gardiner
Principal

Ms. Michaelyn McGinnis
Parish Director of Christian Formation

St. Jude the Apostle Catholic Church, www.stjudecatholic.org

St. Jude the Apostle School, www.stjudebr.org



St. Jude the Apostle School and Parish Present...

Parenting Social Media

With Dr. Erin Dugan, Ph.D., LPC-S, RPT-S



*** ATTENDANCE OF THIS WORKSHOP IS MANDATORY FOR AT LEAST 1 PARENT OF EVERY HOUSEHOLD REGISTERED IN OUR SCHOOL OR P.S.R. PROGRAM**

This workshop will address current social media realities as they relate to the overall health of our children and family life. Social media apps, videogaming, online gaming, and other areas will be the focus of this conversation. While this workshop is mandatory for parents of children in our school and PSR program, anyone is welcome to register and attend.

Sunday August 18

1:00pm-2:30pm

(Light Refreshments will be Provided at 12:40pm)

St. Jude the Apostle Activity Center (Gym)

Visit the School or Church Website to Register

NO LATER THAN AUGUST 1

Or Click Below

DID YOU KNOW...

- ⇒ 45% of kids say they're online constantly
- ⇒ 27% of teens use their phone to go online
- ⇒ 67% say they know how to hide what they do
- ⇒ 43% would change their behavior if their parents knew what they did online

Sources- Social Media and Young Adults, Feb. 2010, Pew Internet & American Life Project; Global Insights Into Family Life Online, June 2010, Norton/Symantec & StrategyOne

[CLICK HERE TO REGISTER](#)

ADULTS ONLY!

this workshop is intended for adults, no children please!